

**Leaflet for Health Care  
on board the research vessel ALKOR**

A ship's doctor is not present on the ALKOR expeditions. Medical treatment on board is possible only to a limited extent. Therefore, we would point out that something of a risk remains and that this can only be reduced by people taking precautions themselves.

Kindly pay your doctor and your dentist a visit before you start the journey and ask them to examine you as a precautionary measure. If you need certain medicines, please see to it yourself that you have an appropriate stock of them, and inform the authorized health official (second officer) of this.

We would also like to point out that, in accordance with the German Maternity Protection Act, expectant mothers may not work on board, and accordingly cannot take part in the voyage.

Neither the operators nor the ALKOR's shipping company are liable for the consequences of negligent health care.

This leaflet should be signed to show that you have taken note of the contents, and handed to the person in charge of the journey before it commences.

We wish you a successful journey and healthy return.

Yours

GEOMAR Helmholtz-Zentrum für Ozeanforschung Kiel

**SIGNED CONFIRMATION**

I have taken note of the contents of the **Leaflet for health care on the research vessel ALKOR**. I feel able to meet the health requirements of the coming journey.

Name: \_\_\_\_\_ Cruise No.: \_\_\_\_\_

Date: \_\_\_\_\_ Signature: \_\_\_\_\_