

Tuesday, 25th August 2020 | 1-2 pm | online meeting

Andrea Krönke und Dr. Christiane Kasack: Should I get a Mentor to support my career?

Have you ever felt that discussing career questions with an experienced person from outside your group might be helpful? In this interactive talk, we will look into mentoring: its background and its benefits. We will discuss the roles of both mentors and mentees and provide tips for a successful mentoring relationship.



Andrea Krönke is a Senior Expert and Trainer in the EAF Berlin and focusses on mentoring, communication and performance. She studied political and educational sciences at the University of Applied Sciences Bremen and the University of Magdeburg. www.eaf-berlin.de/eaf-berlin/team/Kroenke

Dr. Christiane Kasack has been working as a freelance coach, trainer and moderator since 2016, and focussed on time and self-management as well as career advice. She studied political science in Greifswald, Tampere (Finland) and Hamburg and received her doctorate at the FU Berlin in 2011. www.christiane-kasack.de



Among others, Ms. Krönke and Dr. Kasack conduct the Helmholtz Mentoring program. The EAF is a founding member of the DGM | German Society for Mentoring and has developed more than 100 mentoring programs.

www.eaf-berlin.de/

The Postdoc Lunch is an informal meeting of postdoc scientists in temporary employment at GEOMAR. The Postdoc Lunch takes place every two weeks on Tuesdays from 1:00 to 2:00 pm. At present only virtual. Information about the room will be communicated timely via the PACT-mailing list. At each meeting, there will be a 20-minute information talk on "What every postdoc should know" followed by time for questions and general exchange. Our new postdocs will be introduced and welcomed. More: www.geomar.de/en/pact0 | Contact: pact-info@geomar.de