

Tuesday, 8th August 2020 | 1-2 pm | online meeting

## Dr. Christiane Kasack: Own your Career Development – How to find the career that suits you best

While some think that their career just happened to them, others strongly believe in making plans, networking, and honing their skills. What can you do to end up happy with how your career develops? In this career lunch talk, we will gain some insight into the key elements of career planning. You will get ideas how to address the question of what comes next. Own your career development!



**Dr. Christiane Kasack** works as a coach and workshop facilitator. As a certified business coach and career counsellor, she supports personal development in time- and self-management as well as career planning. In 2011, Christiane earned a PhD in the social sciences from the FU in Berlin. After two years of postdoc work, she turned to managing the Hertie School's PhD programmes and later career development programmes for postdocs at the Head Office of the Helmholtz Association.

More: [www.christiane-kasack.de](http://www.christiane-kasack.de)

The Postdoc Lunch is an informal meeting of postdoc scientists in temporary employment at GEOMAR. The Postdoc Lunch takes place every two weeks on Tuesdays from 1:00 to 2:00 pm. At present only virtual. Information about the room will be communicated timely via the PACT-mailing list. At each meeting, there will be a 20-minute information talk on "What every postdoc should know" followed by time for questions and general exchange. Our new postdocs will be introduced and welcomed. More: [www.geomar.de/en/pact0](http://www.geomar.de/en/pact0) | Contact: [pact-info@geomar.de](mailto:pact-info@geomar.de)