

## POSTDOC LUNCH

Tuesday, 6th October 2020 | 1-2 pm | online

Dr. Steve Hutchinson (  )  
Appreciative Communication

“Be kind, for everyone you meet is fighting a hard battle.”

Attributed to Plato, Socrates and Philo of Alexandria. Now thought to be the words of Ian Maclaren (1850-1907)

The academic community prides itself on its critical ability. Much of the feedback that we give in peer review, or as managers and supervisors is based, supposedly, on constructive criticism. However, this frequently manifests as constructive CRITICISM.

A weighting on criticism over construction may add some intellectual value, but it does little to directly build confidence, communities or collaborations – all of which form the life-blood of academia. Moreover, it also sits somewhat against the spirit and value of curiosity that is the necessary ingredient for continued academic success.



**Dr. Steve Hutchinson** is an academic zoologist. For over fifteen years he has been at the forefront of academic development practice – having led programmes and units at the Universities of York and Leeds. Dr. Steve Hutchinson then realised he preferred coaching people to observing flies and so switched fields. After defecting to set up his own consulting company he has designed and delivered successful leadership, communication and effectiveness development programmes for a range of HE institutions, companies and charities internationally. He is a fully accredited executive coach and has trained many individual academic leaders from across the world.

The Postdoc Lunch is an informal meeting of postdoc scientists in temporary employment at GEOMAR. The Postdoc Lunch takes place every two weeks on Tuesdays from 1:00 to 2:00 pm. At present only virtual. Information about the room will be communicated timely via the PACT-mailing list. At each meeting, there will be a 20-minute information talk on "What every postdoc should know" followed by time for questions and general exchange. Our new postdocs will be introduced and welcomed. More: [www.geomar.de/en/pact0](http://www.geomar.de/en/pact0) | Contact: [pact-info@geomar.de](mailto:pact-info@geomar.de)